

Saturday, 26th February, 2011

AMURT.NZ

Christchurch
Earthquake
Response



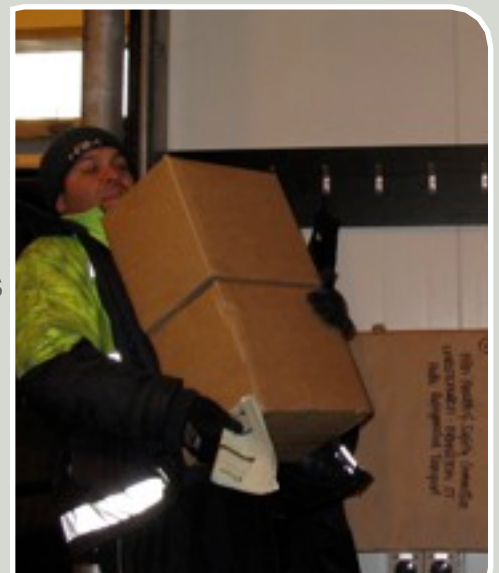
AMURT Workers: Dharmanistha, Didi A Devanistha, Madhumita and Shankar

Additional workers on the day: Rosamund

Base of Operations: Avonhead Road. Mary-Jane and Brian's home. (Madhu's parents)

At Base: (All AMURT Workers)

- Office work: networking, responding to contacts, organizing our priorities for the day.
- Rosamund (a friend of M and S's) came and helped us make the last batch of After Shock Remedy bottles up.
- Shankar and Didi went and picked up 100 blocks (25kg) of Tofu, that was kindly donated by Soy Works in Motueka.



Rehua Marae :(Madhumita and Dharmanis'tha)

- The Team arrived at Rehua Marae just after a medical team had arrived from Rotorua, so as well as giving After Shock Remedy to the kaimahi on the *marae. The Team gave a box of remedy to the medical team to distribute.

picking up tofu

- The Team talked with others in the kitchen and dining hall and gave the remedy to them also.
- Rehua Marae is the administration centre for all the Marae in Christchurch.

Rangiora :

(Dharmanis'tha and Madhumita)

- The Team distributed the After Shock Remedy at the Welfare Centre in Rangiora.
- This is the first time the Team were with people in the sleeping Hall area.
- The Team noticed that a number of mentally challenged people were there.
- Someone escorted The Team to the Rangiora



Raceway. The Team arrived 10 minutes before the helicopters were to arrive and collect food for 'stuck' people effected by the earthquake.

- The Team had the kitcheree (made by Shankar) and joined in the packing line with all the other volunteers. It meant there were vegetarian meals available.
- The Team then went to Woodend and gave out Aftershock Remedy there.

Tofu distribution :

(Didi and Shankar)

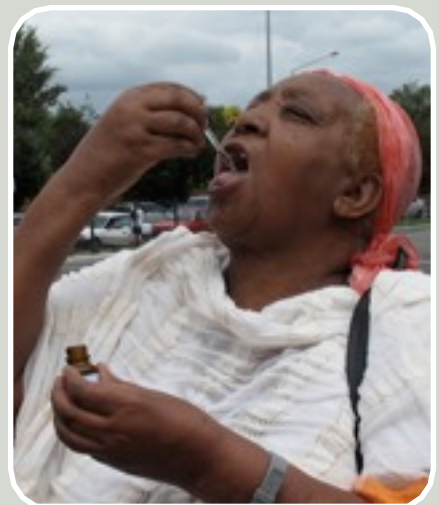
The Team distributed about 15kg of tofu to individuals, Lyttleton residents via Cynthia and Vegetarian society. Then



10kg to the Hari Krsna group who were doing mass feeding (for vegetarian fare) for the 1000 'student army' volunteers.

Burnside Welfare Centre:

(Shankar and Didi)
The Team revisited Burnside Welfare Centre. More Aftershock remedy was given out. Again



people seemed to be really grateful to have it.

Rehua Marae :

(Madhumita and Didi)
Went to Marae at 9pm to teach meditation for relaxation.

* Marae is a Māori meeting ground. Marae are the cornerstone of a Māori community.

~ Baba Nam Kevalam ~