

Friday, 25th February, 2011

AMURT.NZ

Christchurch
Earthquake
Response



AMURT workers: Dharmanistha, Didi A Devanistha, Madhumita, Shankar

Additional workers on the day: Cynthia, Camilla

Base of Operations: Avonhead Road. Mary-Jayne and Brian's home. (Madhu's parents)

At Base: (All AMURT Workers)

- In our temporary office printing more bottle labels.
- Making large easy to see signs for the van. Three for sides and back. Also three large AMURT, Te Awhina Marae signs.
- Filled 2L water bottles with After-Shock concentrate, succussed and vibrated them with mantras
- Discussed and acknowledged our experience in this field. There is a strange unique type of calm over the city (an important insight and one understood by other relief workers). It is quite tiring to be in. Collective meditation definitely lifted our energy.
- To save time, it was thought to fill the small bottles in the back of the van. A table was set up and stringent health rules were followed.



Many 2L pure water bottles now with After shock Remedy in them to be put into the 20ml bottles.



The Team singing kiirtan to vibrate the remedy filled water in

Filling Bottles in Lyttelton

Dharmanis'tha, Cynthia, Camilla and Shankar at Cynthia's place.

At the stage Cynthia was unsure if she had to evacuate the house or not.

Lyttelton: (All Amurt Workers)

- The Team travelled to Cynthia's place in Lyttelton to make the second batch of After Shock Remedy.
- Cynthia and Camilla helped fill bottles. Things moved so much quicker with the extra help.
- Took After Shock to the Welfare Centre set up in Lyttelton.
- The Team all gave out bottles to people and had an excellent appreciative response.
- The person running this centre and Cynthia were contacts of Madhu and Shankars. This made it easier for the Team to access the people who needed help.
- [Lyttelton was the epi-centre of the earthquake. Lots of buildings and people effected. Many buildings looked fine from the outside, but inside and structurally were damaged.]



Madhumita and a Lyttelton resident at the Welfare Centre.

COWLES STADIUM



Middle: Madhumita giving Henry the After Shock remedies.

Bottom and Right: Henry passing them out to his team and explaining how to use them.

Cowles Stadium: (All Amurt Workers)

- The Team expected to see many people here.
- The Team arrived late afternoon.
- It had been closed down due to a sanitation problem and diarrhoea outbreak. Some people were still around, including officials.
- The Team showed the After Shock Remedy to one of the workers and he (Henry) was so happy- he took a box of it to give out to about 30 people he knew needed it.
- [Henry had worked at the Linwood Refuge Centre following the September 4 earthquake and had been the one in charge of distributing the box of After Shock Remedy that Team had dropped off there. He said it had worked really well for the people he gave it to last time].

